



GENERAL INFORMATION

Swimming Canada rules govern this competition. Competition Rules or procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook. This meet is open to qualified Swimming Canada registered swimmers and World Aquatics, and World Para Swimming registered foreign swimmers (swimmers on the World Para Swimming Master List swimmers or registered with foreign swimming federations). Please reference [Swimming Canada Rulebook](#) for eligibility rules (II.C5.1.1 and II.C5.1.2).

For Paralympic Program events, Competition Rules or procedures contained in this Meet Information package supersede those found within the World Para Swimming Technical Rules and Regulations.

Competition hosts - Swimming Canada & Pacific Coast Swimming & Island Swimming

Venue

Saanich Commonwealth Place
4636 Elk Lake Dr, Victoria, BC V8Z 5M1

Pool

8-lane 50m competition pool
6 lane 50m Warm up pool

KEY DATES

Meet Entry Deadline	Tuesday, May 20, 2025 at 11:59pm PST		
Registration	Wednesday June 4, 2025	Thursday June 5, 2025	Friday June 6, 2025
	7:30am – 11:30am 3:30pm – 7:30pm	7:30am – 11:30am 3:30pm – 7:30pm	7:30am – 11:30am 3:30pm – 7:30pm
	All coaches and support staff must register themselves in person. Registration will be available during warm-up periods only once the competition begins. No exceptions.		
Pre-Event Training	Wednesday June 4, 2025	Thursday June 5, 2025	Friday June 6, 2025
	8:00am – 12:00pm 4:00pm – 8:00pm	8:00am – 12:00pm 4:00pm – 8:00pm	8:00am – 12:00pm 4:00pm – 8:00pm
Technical Meeting	Friday June 6, 2025 at 3:00pm – Room TBC		
Competition Start Times	Heats: 7:30am warm-up / 9:30am start Finals: 4:00pm warm-up / 5:30pm start		

ORGANIZING COMMITTEE

Swimming Canada Events Manager

National Meet Director

National Meet Referee

National Meet Referee

Para Swimming Technical Advisor

Swimming Canada Meet Entry Coordinator

Local Officials Coordinator

Rebecca Cheverton

Glenn Greig

Louise Leblanc

Sheila Nelson

Sandra Rousseau

Carole Thomas

David Fairhurst

rcheverton@swimming.ca

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cthomas@swimming.ca

davidgafairhurst@gmail.com

SAFE SPORT

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.



All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures.

Swimming Canada would like to remind coaches and their athletes that deck changing is strongly discouraged. Athletes are asked to please use the facility's change rooms, or on-deck changing tents if available. Coaches are asked to also discourage deck changing and help keep the sport safe for everyone involved.

Photography/Videography

- a. In order to minimize risk, all photographs and video taken at Swimming Canada sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
- b. The full details on the Event Photography and Videography Procedure can be found [HERE](#)

NATIONAL TEAM SELECTION

This competition will serve as the selection Trials for the 2025 World Aquatics Pool Swimming Championships, 2025 World Aquatics Junior Swimming Championships, and 2025 World Para Swimming World Championships. **All references to "Canadian athletes" in this meet package refer to swimmers who are eligible for Canadian National Team selection.**

Selection Criteria

Olympic Program, Paralympic Program, and Development Program selection criteria can be found [here](#).

QUALIFYING STANDARDS

[2025 Swimming Canada Standards](#)

A competitor's age is determined by their year of birth i.e., age as of December 31, 2025.

For qualifying purposes, the Junior age group is for swimmers born 2007 to 2012.

For selection purposes, the age of eligibility for the 2025 World Aquatic Junior Swimming Championships will be 14-18 years on 31 December 2025 (2007-2011) for both Female and Male swimmers.

Qualification Period

Times performed Long Course since September 1, 2023, are eligible for entry.

U SPORTS Qualification

For the 2025 and 2026 U Sports Championships, Swimming Canada has established a short course Trials standard, enabling athletes to qualify for the Canadian Swimming Trials directly through their performance at the U Sports Championships. Please read more about the Canadian Way process [here](#).

SCM entry times will be seeded after all LCM times in psych sheets and heat sheets and will have an indicator next to all SCM qualifying times. Short Course Standards can be found [here](#).

Paralympic Program- Classification Status for Entry

Canadian club competitors must have a minimum of a level 3 classification status. Foreign Para swimmers, regardless of nation, must also appear on the World Para Swimming Master List, or submit a letter signed by the Executive Officer of their National Paralympic Committee confirming their National Sport Class.

ENTRY FEES & INFORMATION

Entry Fee: \$160 CAD per Swimmer

Entry Fee after the Entry Deadline:** \$210 CAD per Swimmer

Change Fee: \$100 CAD per change or correction

Foreign Coaches/Support Staff: \$125 CAD

Late Support Staff or Coach Entry Fee: \$100.00 CAD



****New qualifiers between the entry deadline and Technical meeting are only charged the entry fee. All other late entries will only be accepted until the technical meeting on June 6.**

Following the meet entry deadline, all participating Canadian clubs, Unattached Canadian swimmers and foreign teams will receive an invoice via Square by email for all fees owing. This invoice must be paid prior to **June 4, 2025**, for entries to be considered final. Please note: The team that enters the swimmer is responsible for paying that swimmer's fees.

Entry Process

All entries must be submitted via the online entry system- <https://www.swimming.ca/events-results-hub/upcoming-meets/>. There is no limit on the number of individual qualified event entries allowed.

It is the responsibility of all Canadian clubs to identify any swimmers who are ineligible for selection included in their club entry submission.

All Canadian club and varsity coaches attending the event must be included in the club entry submission in order to receive accreditation. Foreign coaches are asked to refer to the [Accreditation Policy](#) to ensure they are properly registered.

The University registration category 'Varsity' is now a year round registration category. Swimmers may enter the meet under their university.

All foreign clubs and teams (including Unattached Canadian swimmers) may go to the entry page and select either "Out of Country" or "UNCAN" as their Province. This will allow entry of coaches, support staff and upload an entry file.

Bonus Swims

There are no bonus swims.

Paralympic Program Meet Qualifying Standards (MQS) and Meet Entry Times (MET)

Swimmers must achieve one Para swimming 2025 Trials Minimal Qualifying Standards (MQS) in their own sport class. Additional entries may be made in eligible events provided the swimmer has the 2025 Trials Para swimming Entry Time (MET). All events with a qualifying standard will advance to finals.

If an event is not offered for a specific Sport Class, an athlete may enter the event and be eligible for finals in the higher sport class provided that the athlete has attained the MET for the event in the higher sport class. Eligible entries are restricted to those in the same impairment category (S/SB/SM 1-10, S/SB/SM 11-13) only. Scoring and advancement to finals will be based on the sport class of the event though results after the competition will accurately report the sport class of the swimmer. For example, a swimmer with an SM4 sport class wishing to swim the 200 IM may do so provided they have the MET in the 200 IM in the SM5 sport class. Their advancement to finals and eligibility for awards will be based on their score as an SM5 but the record of results will show their performance as SM4. Please send an email to the entry coordinator (cthomas@swimming.ca) to identify if your swimmer will be swimming in a higher sport class and indicate for which events.

Athletes with sport class NE SB9 NE are eligible to enter up to a maximum of 2 events in the S/SM10 sport class events provided they meet the S/SM10 MET in each event. These swims will be exhibition only and will be swum in the preliminary session.

Para swimmer devices / Bathing suit modifications

Paralympic Program equipment i.e., starting devices, tapping devices and bathing suit modifications (as per swimmers' codes of exception) must be approved prior to their use in competition. This can be done at the end of the technical meeting or during warm up prior to the start of the session.

Late Entries, Changes and Corrections



Changes and corrections can be made up to the meet entry deadline without penalty. Late entries will be accepted until the technical meeting for the fee outlined in the Entry Fee section. After acceptance, any changes will incur a \$100 fee per change.

Athletes achieving their first qualifying swim between May 21 and June 6, 2025, may be added without penalty, and only the base entry fee will apply. New qualifying swims that are performed after the entry deadline, achieved between May 21 and June 6, 2025, are exempt from the \$100 change fee and may be added without penalty.

Foreign Swimmers

Foreign competitors (other than members of USA Swimming) must provide a letter from their National Federation confirming their registration status. The letter must be submitted to Rebecca Cheverton (rcheverton@swimming.ca) prior to the meet entry deadline. Foreign Para swimmers, regardless of nation, must also appear on the World Para Swimming Master List, or submit a letter signed by the Executive Officer of their National Paralympic Committee confirming their National Sport Class.

For Olympic Program events, no foreign swimmers will be allowed to advance to the Junior and A Finals; a maximum of 4 foreign swimmers may advance to the B Finals, including alternates.

For Paralympic Program events, no foreign swimmers will be allowed to advance to the Final.

Proof of Times

Individual Events: All entries will be proven via the on-line entry system. Any times achieved outside of Canada should be uploaded to the Registration and Events Management System (REMS) using the [International Results Submission form](#). Any Foreign teams with non-validated times in their meet entry submission report must be proven by the meet entry deadline. The Meet Entry Coordinator may challenge any entry time before or during the competition.

It is the responsibility of the Club entering the swimmers to validate any entry times, if requested. Non-validated entry times will result in swimmer's removal from the event.

ADMINISTRATIVE INFORMATION

Psych Sheets

Psych sheets will be posted on Swimming Canada's website soon after the meet entry deadline.

Scratches

All scratches after the entry deadline must be submitted through the **online scratch form** for the event.

Preliminary & Timed Final events

Day 1 Preliminaries and timed final events: 30 minutes following the conclusion of the Technical Meeting

Day 2 to Day 6 Preliminaries and timed final events: 6:30pm during Finals the previous evening.

Finals

30 minutes following the completion of the Preliminary events (excluding timed final events).

Time Trials

By 9:00am the day of the time trial events.

Penalty

All fines must be paid in accordance with Swimming Canada rule SNC 3.4.

d/DEAF OR HARD OF HEARING ACCOMMODATIONS

This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:



- non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff.
- Visual Start hand signals given by the starter/referee.
- Facility or Swimming Canada-Provided Strobe Light: An external strobe light is available at this competition

Clubs are to contact Meet Management by the Entry Deadline of the need for accommodations. Support Staff must be included in the submission of entries process.

Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.

COMPETITION INFORMATION

Taping Review

For this event as per II.C15.3.2, a Taping Review Committee will be in place to review taping requests.

- Taping review will take place prior to each session during warmups. All reviews must be completed no later than 15 minutes prior to the start of the session.
- Taping Review Forms (available at the Admin Desk/available at [this link](#)) must be submitted to the National Meet Director one hour prior to prelims and one hour prior to finals.
- Coaches must ensure that taping is reviewed by the committee before the first session in which the athlete will swim with taping. If the athlete will wear identical taping for multiple sessions, it is not necessary to have the taping reviewed by the committee more than once.
- For internationally classified para swimmers, the Para Technical Advisor will be consulted and their recommendation will be followed to comply with World Para Swimming Rules and Regulations.
- The committee's decision will be final.
- Any swimmer who races with taping not approved by a Taping Review Committee will be disqualified.

Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#).

Starts

Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4.

For Para swimming events starts will be conducted as per WPS 11.1 and WPS Appendix two, rule 1.2.3.1.

Backstroke Ledges

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

Official Splits

Any coach wishing to request a time for an interval shorter than the total distance of the event shall advise the Administration Desk 30 minutes prior to the commencement of the session in question, by submitting an Official Split Request form. This form is available at the Administration Desk on deck.

Preliminaries & Timed-Finals

Preliminary heats will be swum in 8 lanes.

Paralympic Program Event Seeding

Preliminary events for each gender shall be seeded by time (regardless of Sport Class). There is no circle seeding.

Olympic Program Event Seeding

All entries must be submitted using proven long course (LCM), except for swimmers who qualified short-course (SCM) at the 2025 USPORTS Championships. Conversion will not be accepted. Preliminary and Timed-Final events will be seeded using long course entry times, followed by short course entry times.



Preliminary heats for all events less than 400m will be seeded slowest to fastest. The top 3 heats in each event will be swum circle seeded.

Preliminary heats of the 400m freestyle and 400m individual medley will be seeded slowest to fastest. The top 2 heats in each event will be swum circle seeded.

The 800m freestyle and 1500m freestyle will be swum as timed final events. The fastest 8 Canadian athletes in each distance event will swim with the A final and the next fastest 8 Canadian Junior aged swimmers (born between 2007 and 2012) will swim with the Junior Final. All other heats will be swum during the preliminary session, seeded fastest to slowest.

Olympic Program Finals

For Olympic Program events, there will be an “A” Final for all events, consisting of the fastest 8 Canadian athletes, regardless of age.

A Junior Final, open to Canadian males and females born between 2007 and 2012, will take place for the fastest 8 junior athletes not included in the A Final.

After the A Final and Junior Final, the next fastest 8 swimmers will make up the “B” Final. The B Final will include up to 4 foreign athletes, including alternates.

Paralympic Program Finals

For the Paralympic Program events, there will only be an “A” Final consisting of the fastest 8 Canadian athletes, and finalists will be determined utilizing the Canadian Para Swimming Point System. A maximum of three (3) swimmers per sport class are eligible to advance to the Final.

Finals will be seeded by time. If there is a tie by point score in a specific event for swimmers with the same sport class, the fastest preliminary time will advance to Finals. If after the tie by point score, there is a tie by time in the same sport class, or if there is a tie by point score in a specific event for swimmers with different sport classes, there will be a swim-off. The swimmer with the highest point score achieved in the swim-off will advance to Finals.

Should empty lanes exist following the maximum of three (3) swimmers per sport class, any additional Canadian swimmers will be added to fill the “A” final according to the point scores. The additional swimmers added will swim as exhibition in finals and not be eligible for awards.

Swim-offs

All swim-offs are to be run by the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.

Time Trials (June 7-11, 2025)

Time Trials will be open to both Olympic and Paralympic programs. Please note that Time Trials may not fall under the World Aquatics Sanction.

A maximum one-hour session will be held following the preliminary session each day. All races will be offered in separate gender events except the 800 and 1500 Free. Distance events will all be swum mixed gender and on 2 designated days.

Each swimmer is permitted a maximum of one-time trial entry per day at no additional charge. Proof of time and/or time validation will not be in place for the time trials.

No official split requests will be accepted during Time Trials.



To submit time trial entries we will be using the following online form: (link to come). The form will open on Wednesday, May 21st at 12:00pm EDT. Starting then coaches can submit their Time Trial entries. Entries will close at 9:00am the day of the time trial events.

After entries close, any swimmer that no-shows for their Time Trials event will be fined in accordance to Swimming Canada rule SNC 3.4.

Swimming Canada reserves the right to cancel or adjust Time Trials event based on session length.

Saturday, June 7	Sunday, June 8	Monday, June 9	Tuesday, June 10	Wednesday, June 11	Thursday, June 12
200 Breast 100 Back 400 Free	50 Back 100 Fly 200 Free	50 Free 100 Breast 400 IM	200 Fly 100 Free 50 Breast Mixed 1500 Free	200 Back 200 IM 50 Fly Mixed 800 Free	No Time Trials

ACCREDITATION INFORMATION

This section has been removed and is now covered under its own policy. It is the responsibility of all relevant parties to review the Swimming Canada National Events Accreditation Policy for detailed information. You can access the policy here: <https://www.swimming.ca/event-resources/>

Access to the pool deck is **only** for registered participants of the event holding an accreditation. All members on the pool deck must be registered with a club, PSO, or Swimming Canada. No children of any registrant are permitted on deck or in the pool during pre-meet training or the competition.

All Canadian club & varsity coaches attending the meet **must** have their name and information submitted in the club's entry submission. If a varsity coach will **not** be submitting entries for their athletes but will be attending the meet, please contact rcheverton@swimming.ca to be added to the accreditation list. As well, varsity coaches attending without submitting entries must fill out [this form](#) to identify the swimmers they will be coaching at the competition.

Any coaches who will have swimmers attending and reporting to an alternate coach are required to advise Swimming Canada using [this form](#).

PARA SWIMMING CLASSIFICATION

There will not be Classification at the 2025 Canadian Swimming Trials.

AWARD INFORMATION

Medals for first, second and third placed Canadian Swimmers in both Olympic Program and Paralympic Program events. Paralympic Program medals will be awarded based on the Canadian Para Swimming Point System.

Junior Medals (Gold, Silver and Bronze) will be awarded to the 3 highest ranked Canadian swimmers (based on results from the A Final and/or Junior Final), year of birth for males and females between 2007 and 2012, for all Olympic Program events.

If a swimmer is unable to attend their medal ceremony, their club is asked to send a fully uniformed substitute swimmer in their place.

Olympic Program - Canadian Female and Male Swim of the Meet, based on 2024 World Rankings.

Paralympic Program – Canadian Female and Male Swim of the Meet, based on the Canadian Para Swimming Point System.

DOPING CONTROL



Participants registered for this event must be aware that doping control may be conducted by the Canadian Centre for Ethics in Sport (CCES) in accordance with the Canadian Anti-Doping Program. All athletes attending this event must bring picture identification in order to verify identity upon selection.

To avoid a positive test and the consequences of an anti-doping rule violation, athletes are encouraged to take the following steps:

- **Check your medications:** Use the Global DRO (<http://www.globaldro.com/>) to determine if any prescription or over-the-counter medications or treatments you are using are banned by the WADA Prohibited List.
- **Review your medical exemption requirements:** If you require the use of a banned medication for a legitimate medical reason visit (<http://cces.ca/medical-exemptions>) to obtain information and instructions about how to apply for a medical exemption.
- **Learn about the doping risks associated with supplements:** Do not use supplements, or take significant precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Find out more at <http://cces.ca/supplements>.
- **Review the sample collection procedures:** This short video will take you step-by-step through doping control (<http://cces.ca/sample-collection-procedures>).
- **Contact the CCES with any questions:**
 - Email: info@cces.ca
 - Call toll-free: 1-800-672-7775
 - Online: www.cces.ca/athletezone

SITE INFORMATION

Hospitality – Officials & Coaches - A hospitality room will be available for officials and coaches for snacks and refreshments. Meals are reserved for Officials only.

Parking

Free onsite parking.

Lockers

Lockers are available free of charge in all change rooms – bring your own locks.

TRAVEL INFORMATION

Hotel Accommodations – <https://www.swimming.ca/hotels/>

Swimming Canada Rental Car Partner - AVIS Rent a Car - for bookings visit <https://www.swimming.ca/travel-tools/>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.



MEET PROGRAM

07-Jun-25	08-Jun-25	09-Jun-25	10-Jun-25	11-Jun-25	12-Jun-25
Warm up: 7:30-9:15 Start: 9:30	Warm up: 7:30-9:15 Start: 9:30	Warm up: 7:30-9:15 Start: 9:30	Warm up: 7:30-9:15 Start: 9:30	Warm up: 7:30-9:15 Start: 9:30	Warm up: 7:30-9:15 Start: 9:30
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Warm up: 16:00-17:15 Start: 17:30	Warm up: 16:00-17:15 Start: 17:30	Warm up: 16:00-17:15 Start: 17:30	Warm up: 16:00-17:15 Start: 17:30	Warm up: 16:00-17:15 Start: 17:30	Warm up: 16:00-17:15 Start: 17:30
W 200 Breast A Final W 200 Breast Junior W 200 Breast B Final M 200 Breast A Final M 200 Breast Junior M 200 Breast B Final W 100 Back A Final W 100 Back Junior W 100 Back B Final M 100 Back A Final M 100 Back Junior M 100 Back B Final Para W 50 Breast Final Para M 50 Breast Final Para W 100 Breast Final Para M 100 Breast Final W 400 Free A Final W 400 Free Junior W 400 Free B Final M 400 Free A Final M 400 Free Junior M 400 Free B Final	W 50 Back A Final M 50 Back A Final W 100 Fly A Final W 100 Fly Junior W 100 Fly B Final M 100 Fly A Final M 100 Fly Junior M 100 Fly B Final Para W 400 Free Final Para M 400 Free Final Para W 200 Free Final Para M 200 Free Final M 1500 Free A Final M 1500 Free Junior Final W 800 Free A Final W 800 Free Junior Final	Para W 50 Fly Final Para M 50 Fly Final W 50 Free A Final W 50 Free Junior W 50 Free B Final M 50 Free A Final M 50 Free Junior M 50 Free B Final W 100 Breast A Final W 100 Breast Junior W 100 Breast B Final M 100 Breast A Final M 100 Breast Junior M 100 Breast B Final Para W 100 Free Final Para M 100 Free Final W 200 IM A Final W 200 IM Junior W 200 IM B Final M 200 IM A Final M 200 IM Junior M 200 IM B Final	Para W 100 Fly Final Para M 100 Fly Final W 200 Fly A Final W 200 Fly Junior W 200 Fly B Final M 200 Fly A Final M 200 Fly Junior M 200 Fly B Final W 100 Free A Final W 100 Free Junior W 100 Free B Final M 100 Free A Final M 100 Free Junior M 100 Free B Final W 50 Breast A Final M 50 Breast A Final Para W 50 Free Final Para M 50 Free Final	W 400 IM A Final W 400 IM Junior W 400 IM B Final M 400 IM A Final M 400 IM Junior M 400 IM B Final Para W 150 IM Final Para M 150 IM Final Para W 200 IM Final Para M 200 IM Final M 200 Back A Final M 200 Back Junior M 200 Back B Final W 200 Back A Final W 200 Back Junior W 200 Back B Final	W 200 Free A Final W 200 Free Junior W 200 Free B Final M 200 Free A Final M 200 Free Junior M 200 Free B Final W 50 Fly A Final M 50 Fly A Final Para W 50 Back Final Para M 50 Back Final Para W 100 Back Final Para M 100 Back Final M 800 Free - A Final M 800 Free - Junior Final W 1500 Free - A Final W 1500 Free - Junior Final

